A Sinker.

Distal Descent, Lowering of the coffin bone or a sinker are three different names on the same thing; The coffin bone has taken a lower position compared to a measurable point on the hoof wall than it is usually obtaining. It is traditionally measured on an X-ray comparing the coronary band with the upper tip of the coffin bone. Distal Descent is traditionally considered as a fairly are but fatal condition but that is only because the real reason for this symptom has not been known.

The bad news is that Distal Descent is very much more common than expected. My research shows that most domesticated horses suffers from it more or less but the methods for determining the conditions has not been sufficient. Distal Descent is caused by the fact that the frog has not been allowed to carry enough weight and therefore not been able to keep the coffin bone up where it belongs compared to the hoof wall.

The good news is that it is easily reversed. The most important part is to understand that the coffin bone has not changed its location compared to either the bone structure or the sole. It is only compared to the hoof wall that the coffin bone not is in its natural position. If you instead choose to see this as if the hoof wall has been press up compared to the coffin bone instead of the coffin bone has sunk down it will be much easier to understand that it all comes from the fact that the hoof wall has been pressed up since it has been carrying too much of the horses weight and the frog too little. This has pushed the hoof wall and some times the coronary band upwards to a new and unnatural position.

The solution is to reduce the load on the hoof wall, which means that the horse can not be shod since the shoe moves too much load to the hoof wall, and increase instead the load on the frog.

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The best way to get more information on this and other related topics is to attend one of my seminars. If there isn’t one scheduled in your neighborhood you have two choices: Host one your self or wait for the book and the DVD-series that both are under production.